

a. About health check

School health check-ups aim to promote, protect and preserve children's health. The aim is to evaluate and analyse children in order to ensure that their development is correct.

This may be obvious for us as we know the system, however for families coming from other cultures and who do not master the school language, there is a need to have clear information. There is a need to dedicate time to communication about these check-ups. Normally this communication is done in the language of the school, either in physical format (paper) or in digital format (web page).

Communicating about health checks done in schools with multilingual families can be challenging, but it is critical to ensuring the health and well-being of students. Here are some suggestions for addressing this issue:

1. Use multiple languages: Ensure that health check information is available in several languages used by students' families. Typical brochures, posters or e-mails can be provided in different languages to facilitate understanding.
2. Clear and simple communication: It is important to use clear and simple language when communicating health check information. Avoid using complicated medical terms and make sure that the information is easy for everyone to understand.
3. Use visual aids: In addition to written text, consider including images or graphics that can help convey information visually. This can be especially helpful for families with language barriers.
4. Offer additional support: If possible, additional assistance can be provided to families who may have difficulty understanding health screening information. This could include face-to-face briefings or the availability of bilingual staff to answer questions.
5. Encourage active participation: Encourage families to actively participate in the health check process by letting them know how important this check-up is to their child's health. Informational meetings or question-and-answer sessions can be organised to address any concerns they may have.

However, the medical check-up is different from country to country, e.g. in Sweden school nurses are responsible for students' medical intervention and well-being, including medical,

psychological, psychosocial and special education interventions. So, what can be expected from schools is:

- Expect at least 2 to 3 health talks with the nurse.
- Expect vaccination consent forms to be sent home when the child is eligible for the vaccine
- Expect written and verbal communication if there are any signs or problems regarding your child's health and well-being.

In summary, effective communication with multilingual families about school health screening requires empathy, clarity and adequate resources to ensure that all parents and guardians understand the importance of this process to their child's well-being.